TRHF Community Resource Directory 2026

Chapter 1: Emergency Resources

Case Manager Edition

Emergency Services (911)

Police, Fire, and Emergency Medical Services. Call for immediate emergencies.

988 Suicide & Crisis Lifeline

Call or Text 988. 24/7 crisis support, suicide prevention, and emotional support.

COPES Crisis Hotline

(918) 744-4800. Mental health crisis intervention and mobile crisis response.

CALM Center

(918) 394-2256. Youth crisis stabilization and behavioral health intervention.

Veterans Crisis Line

Dial 988 and Press 1, or text 838255.

The Spring (DVIS)

(918) 743-5763. Domestic violence shelter, advocacy, and safety planning.

Tulsa Day Center

(918) 583-5588. Shelter referrals, meals, showers, and case management.

John 3:16 Mission

(918) 587-1186. Emergency shelter, meals, clothing, and recovery services.

Salvation Army Tulsa Area Command

(918) 582-7201. Emergency assistance, shelter referrals, and disaster relief.