TRHF Community Resource Directory 2026

Chapter 16: Alternative Pain Management

Case Manager Edition

Be Love Yoga Studio

Yoga, mindfulness, stress reduction, and movement-based wellness programs.

Mushin Acupuncture

Acupuncture, cupping therapy, and non-pharmaceutical pain management options.

Tulsa Pain & Healing (PATH)

Integrative pain management and rehabilitation services.

Goodwin Chiropractic

Chiropractic adjustments, injury rehabilitation, and spinal health services.

Tulsa Spine & Rehab

Physical rehabilitation, chiropractic services, and therapeutic exercise.

Marshall Chiropractic

Chiropractic care and wellness services, including SoonerCare-friendly options.

SoonerCare Alternative Pain Benefits

Coverage may include physical therapy, chiropractic care, rehabilitation services, and related treatment options.

Quick Alternative Pain Management Reference

Looking for non-opioid pain relief? Consider yoga, acupuncture, chiropractic care, or physical therapy options.