TRHF Community Resource Directory 2026

Chapter 19: TRHF Quick Reference Guide

Case Manager Edition

Emergency

911 | 988 Suicide & Crisis Lifeline | COPES Crisis Line | Veterans Crisis Line

Food Assistance

Restore Hope, Loaves & Fishes, Tulsa Harvest House, John 3:16 Mission, Tulsa Dream Center.

Rent & Utility Assistance

Salvation Army, Broken Arrow Neighbors, Bixby Outreach, Caring Community Friends, OHFA Programs.

Housing Resources

Tulsa Day Center, John 3:16 Mission, Oklahoma Veterans United, The Spring.

Medical & Dental

Morton Comprehensive, Community Health Connection, Catholic Charities Dental Clinic, TCC Dental Clinic.

Mental Health

Family & Children's Services, CRS, GRAND Mental Health, CREOKS, Mental Health Association Oklahoma.

Transportation

MetroLink, Modus Drive, Neighbor For Neighbor, Veterans Transportation Service.

Employment

Oklahoma Works, Tulsa Tech, Goodwill TulsaWORKS, Due North Tulsa, NextUp Tulsa.

Legal Assistance

Legal Aid Services of Oklahoma, Oklahoma Indian Legal Services, University of Tulsa Legal Clinics.

Veterans

The Coffee Bunker, Oklahoma Veterans United, DAV, Veterans Crisis Line.